

# Swimming



Event	Venue	Times	Co-ordinator	Sports Leader Opening Ceremony
Swimming	NSC Swimming Pool	1100 - 16:00	Nicola Raven	Adam Shuttleworth

Meet the Sports Leader..

Information in coming



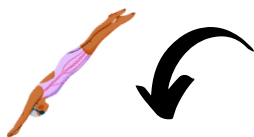
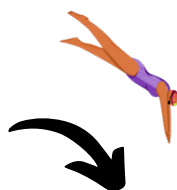
## On the day schedule:-

**11.00am Warm up for all swimmers**

**11.30am Year 4 front crawl x 25meter**

**Year 5 front crawl x 25 meter**

**Year 6/7/8/9 front crawl x 50 meter**

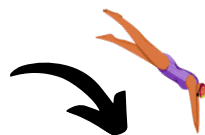


**2.15pm Year 4 breaststroke x 25 meter**

**Year 5 breaststroke x 25 meter**

**Year 6/7/8/9 breaststroke x 50 meters**

**12.45pm Lunch for all**  
**1.15pm Year 4 back stroke x 25 meter**  
**Year 5 back stroke x 25 meter**  
**Year 6/7/8/9 back stroke x 50 meter**



**3.15pm IM Year 6/7/8/9 100 meters**

**3.30pm Fun races for all**

**4.00pm presentation**

## Medal Ceremony

Presentations to be made by representatives of the sport and/or representatives from our sponsor, Sporting Club Isle of Man