Try it for free! Walking Netball

Heard people talking about it? See it on TV or on Facebook?

Now is the time to give it a go yourself—and why not bring your friends?

FREE SESSIONS

When: Thursdays 16th Nov and 7th Dec

Time: 10.00am – 11.00am

Venue: NSC Main Hall

No special kit needed—wear comfortable clothes and supportive shoes and bring a drink—you'll need it!

For more info, contact Rachel on 308893 or email mnadevelopment@gmail.com